

Morning confessions

Putting on the full armor of God,

Ephesians 6:13-18

- v 13- Therefore, take to yourselves the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand.
 - v 14- Having your loins (*your core foundation*), girt about with the truth of Gods Word,
 - v 14 - Putting on the breastplate of righteousness, (*protecting your heart, to keep it pure*);
 - v 15 – Having prepared yourself to walk in the in the peace of the gospel, (*not being moved or shaken by the fiery trials that we go through*);
 - v 16 - Most important, taking the shield of faith, that you will be able to quench all the fiery darts of the wicked one.
 - v 17 - Taking up the helmet of salvation, (*to guard your mind and to assure you of your salvation*).
 - v 17 - And the sword of the Spirit, which is the Word of God, (*to be able to do battle with*):
and
 - v 18 - Praying, always with all prayer in the Spirit, and watching thereunto with all perseverance and supplication for all saints;
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Asking for one's daily bread and for wisdom.

Reciting of the Lord's prayer, [Matthew 6:9-13](#). ... give us today our daily bread, ... (our daily instructions), and grant us the wisdom needed for the day, [James 1:5](#).

Using my spiritual authority.

In the name of the Lord Jesus, I exercise my authority over my body. Sickness and disease you cannot stay in my body! This body is the temple of God Holy Spirit and belongs to God, [1st Corinthians 6:19-20](#). Satan you have no right to trespass on God's property. Sickness you get out of my body now! I have authority over you, I know it, you know it and God knows it.

Thanking God for His finished work

Lord I thank You, that I am made in the image of God, [Genesis 1:27](#).
That my body is fearfully and wonderfully made, [Psalm 139:14](#).
And I have your Spirit living within me, [Galatians 4:6](#).
I thank you that by the strips of Jesus, healing can be mine, [1st Peter 2:24](#).
I confess now
that I am healed and prosperous, in body, soul and spirit.