

This is an example confession that I have adapted from Kenneth E. Hagin, when he was ill as a youth, of how he used his spiritual authority.

In the name of the Lord Jesus, I exercise my authority over my body. Sickness and disease you cannot stay in my body! This body, this vessel, belongs to God, it is the temple of God's Holy Spirit, (1st Corinthians 6:20). Satan you have no right to trespass on God's property. Sickness you get out of my body now! I have authority over you, I know it, you know it, and God knows it.